

VBS instructions:

We will have videos available **DAILY** on our website and app at 9am. Feel free to watch the program any time during that day.

Gain spirit points for your group by emailing us pictures and video of you participating throughout the week! Email them in each day by 5pm for your points to count! Make sure to include the age group so the right team gets the points. Final reveal of ALL points total will be Friday night (more info to come)

Email all items to VBS@calvarylh.org

SPIRIT DAYS AND INFO:

Group Colors & Mascots:

Kinder – Team Color Purple Team Mascot is Yoda

1st / 2nd Grade - Team Color Red Team Mascot is Trooper

3rd / 4th Grade - Team Color Green Team Mascot is Wookie

5th / 6th Grade - Team Color Blue Team Mascot is Vader

Theme Days:

Monday – Crazy Sock Day

Tuesday – Spirit Day – Wear your team color

Wednesday – Galactic Hair

Thursday – Jedi Goggles

Friday – Jedi Robe

DAILY BIBLE INFO:

Day 1

Bible Point - Jesus Gives us Gifts to Help Others

Key Verse - 1Peter 4:10

Bible Story – Chosen Craftsmen for His Service (Exodus 31:1-11)

Object Lesson – Rocks of Encouragement

Snack - No Bake Courage Cookies Recipe

Day 2

Bible Point - Jesus Gives us Courage

Key Verse – Matthew 14:27

Bible Story – Jesus Gives us Courage (Matthew 14:22-36)

Object Lesson – Water Glass Trick

Snack - Apple Smiles

Day 3

Bible Point - Jesus Gives us Direction

Key Verse - Which path to take (Proverbs 3:5-6)

Bible Story – Jesus sheds light on how to live Matthew 5:13-16

Experiment – Conduct Electricity using Saltwater

Snack - Homemade Ice Cream in a Bag

Day 4

Bible Point - Jesus gives us love

Key Verse - (1 John 3:16)

Bible Story – Presenting the Gospel (Luke 23:26-49)

Object Lesson – Free from Sin

Snack - Empty Tomb Rolls

Day 5

Bible Point: Jesus Gives us His Power

Key Verse: 2 Corinthians 4:7

Bible Story – Jesus ascends and empowers His followers (Acts 1:2-11)

Object Lesson – Dancing Raisins

Snack - Blue Sky Float

OBJECT LESSON INFO:

Day 1 – Rock w/ Encouraging Words

Materials:

- rocks different sizes and shapes
- Mod Podge or water-based sealant
- Acrylic paints, various colors
- Detail type brushes

Day 2 – Water Glass Trick

Materials:

- Glass of water filled 2/3
- Index Cards

Day 3 – Conducting Electricity w/ Salt Water

Materials:

- Eye Protection

Plastic Cup
Water
Two Wires
Small Light Bulb or LED
Salt

Day 4 – Candle and Water

Materials:

Eye Protection
Glass or Jar
Food Color
Water
Coin
Matches / Lighter

Day 5 – Dancing Raisins

Materials:

Club soda or other clear soda
Raisins

SNACK INFO

Day 1 - No Bake Courage Cookies Recipe

Ingredients

12 ounces milk chocolate chips
12 ounces butterscotch chips
12 ounces crunchy chow Mein noodles
Mini marshmallows (not pictured)

Steps

Place the milk chocolate chips and butterscotch chips in a large bowl. Microwave in 30 second increments until melted. Stir until smooth.

Add the crunchy chow Mien noodles to the bowl and toss until coated in the chocolate mixture.

Spoon 2 tablespoons of the cookie mixture onto a piece of parchment and shape into a circle, making a slight dip on top; top with 3 mini marshmallows. Repeat the process with the remaining cookie mixture and marshmallows.

Let cookies set until firm, then serve.

Lesson

Notice how this cookie stays together so well without crumbling. The ingredients we used helped everything to stick together. Just like having Jesus in our lives, He keeps us from falling apart.

We need to stick with Him. See how we put those 3 marshmallows in the center. That's to help us remember to keep Him in the center of our lives.

Day 2 - Apple Smiles

Ingredients

1 apple

8 tablespoons peanut, cashew or almond butter

30 marshmallows

Steps

Core and slice your apple into eight equal slices.

Spread a 1 tablespoon peanut butter onto the top of each of two slices of apple. Tip! If the peanut butter doesn't want to stick, lightly dab the apple slices with a paper towel to remove extra moisture.

Put a row of seven marshmallow teeth on one of the slices, on top of the peanut butter.

Now, put a slice of apple (with peanut butter spread on already) on top of the marshmallow teeth. Press them together until they stick.

Repeat three more times, and you'll have four apple smiles in total.

Lesson

Jesus calls us to be salt and light in this world. You might wonder how can I make a difference? What do people usually notice about you when they first look at you? Usually your face. What better way to shine for Jesus than to put on a big smile and show others the joy you have because you have Jesus in your heart.

Start today by smiling at those you see and begin to be salt and light in the lives of others.

Day 3 - Homemade Ice Cream in a Bag Recipe!

Ingredients

Ice cubes (enough to fill each gallon-size bag about half full)

1 cup half and half

1/2 cup salt (Kosher or rock salt works best)

2 tablespoons sugar

1/2 teaspoon vanilla extract

1 pint-size Ziplock bag

1 gallon-size Ziplock bag

Chocolate chips, cereal pieces, or fresh fruit.

Steps

Combine the sugar, half and half, and vanilla extract in the pint-size bag and seal it tightly.

Place the salt and ice in the gallon-size bag, then place the sealed smaller bag inside as well. Seal the larger bag. Now shake the bags until the mixture hardens (about 5 minutes). Feel the small bag to determine when it's done.

Take the smaller bag out of the larger one, add mix-ins, and eat the ice cream right out of the bag.

Lesson

Just like this ice cream recipe is sweet to the taste, Psalms 104:34 reminds us that our “mediation of Him shall be sweet” and we “will be glad in the Lord”. And when we spend time learning about Jesus, we “taste and see that the Lord is good!”

Day 4 - Empty Tomb Rolls (Yes Jesus did die, but He didn't stay in the tomb)

Ingredients

Crescent roll dough

Marshmallows

Granulated sugar

Cinnamon

Melted butter

Steps

Press each dough ball into a flat circle.

Roll your marshmallow in butter and then into the cinnamon sugar.

Place it in the middle of the dough circle and seal it up around the marshmallow and roll it in more butter and cinnamon sugar and place it in a greased baking dish or muffin tin

Let the empty tomb rolls rest for 15 minutes and then bake at 350°F. When you open the rolls, the marshmallow will have melted down into a caramel like sauce that you can barely see.

Lesson

These empty tomb rolls (or resurrection rolls) are meant to be made along with the story of Christ's body being wrapped in the white clothing, the butter represents the oils they anointed him with as well as the cinnamon sugar for the spices and herbs, then he is placed in the tomb, and finally resurrected on the third day

Day 5 - Blue Sky Float

Ingredients

Clear glasses
Vanilla ice cream
Clear lemon lime soda
Blue food coloring

Steps

Add vanilla ice cream in clear glasses
Mix blue food (5 drops) coloring with soda
Pour into the glasses with vanilla ice cream

Lesson

This snack highlights the Jesus ascended into the sky to prepare a place for all Believers and He return so